

The National Confidential Enquiry into Patient Outcome and Death (NCEPOD) is a charity that works to make healthcare services better for the people who use them. We do this by collecting information from people who have used healthcare services. Our work has led to lots of positive changes in how healthcare is provided.

We collected information from hospitals, GPs and patients and their parents/carers to see how care for children and young people with testicular torsion could be made better.

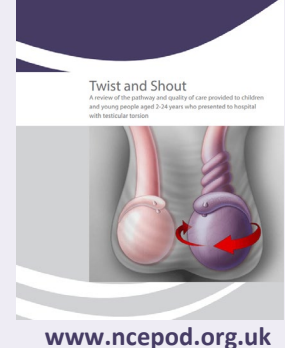
For information about JIA visit:

THE UROLOGY FOUNDATION

NHS INFORMATION

TESTICULAR HEALTH

PATIENT.INFO



WHAT WE FOUND

Patients often delayed telling anyone about their symptoms.

Most patients first reported their symptoms to family members.

There were further delays in the patient or parent/carer or family member reporting symptoms to a healthcare professional.

While most patients present directly to the emergency department, there were some patients who presented to their GP, urgent treatment centres or NHS 111.

WHAT HEALTH SERVICES CAN DO

Raise awareness about testicular torsion, including the need to urgently attend an emergency department if someone experiences testicular pain.

Have a clear pathway of care for patients with testicular pain to ensure patients present to the right hospital.

Provide training to primary care and emergency department staff to emphasise the importance of the early recognition of testicular torsion.

WHAT YOU AS A PATIENT/PARENT/CARER CAN DO

SYMPTOMS MAY INCLUDE:

- **Strong, ongoing ball pain**
- **Abdomen (tummy) pain**
- **Vomiting or nausea**
- **Aching during rest**

If you or your child have symptoms of testicular torsion, and the pain is severe go to the emergency department immediately.

If you or your child have symptoms of testicular torsion, however the pain is not that severe take a note of the time. If the pain is still continuing an hour later, go to the emergency department immediately.

If the pain goes away within the hour or was severe or worrying, make an appointment to see your family doctor.

*Testicular health: <https://www.testicularhealth.info/testiculartorsion.html>
The Urology Foundation and GreencrossmedicalLtd*